# **MLP in Action Partnering with Legal Services Providers to Enhance Behavioral Healthcare Access and Outcomes**

## PART 5 April 10, 2024 1-2 PM ET



## Health Resources & Services Administration

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## Moderator



## **Bethany Hamilton, JD**

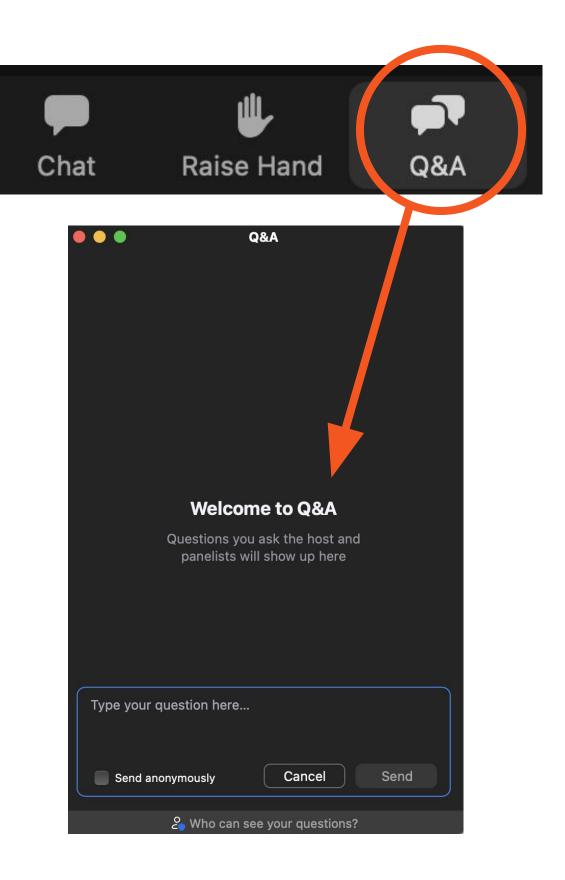
Director National Center for Medical-Legal Partnership

### National Center for Medical 🚺 Legal Partnership



## Housekeeping

- Attendees are muted throughout the webinar.
- Type questions into Questions & Answers pane.
- To activate captions, select "Live Transcript" and "Show Subtitle."
- This webinar will be recorded and shared at <u>https://medical-legalpartnership.org/mlp-resourc</u> <u>es/medical-legal-partnership-in-action-webinar-</u> <u>series/</u>
- Send a chat to the Hosts & Panelists for help.



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## **Poll Questions**

## 1. Tell us who you are:

- Health Center (Grantee or Look-Alike)
- Certified Community Behavioral Health Clinic
- Community Mental Health Center
- Civil Legal Services Organization
- Public Defender Services
- Law School
- Medical School
- Hospital
- Primary Care Association
- Health Center Controlled Network
- Courts
- Other

## 2. Does your organization have a Medical-Legal **Partnership (MLP)?**

- Yes
- No
- I don't know

## provider?

- Yes
- No
- I don't know

### 3. Does your MLP partner with a behavioral health care

• I do not have an MLP

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## Subject Matter Experts



## Rakuya K. Trice, JD

ILS Deputy Director & Director of Medical-Legal Partnerships Indiana Legal Services, Inc.



## Krista Howard, JD

Project Director-Central Indiana Medical-Legal Partnership (MLP) Indiana Legal Services, Inc.

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## Kaiden Chorrushi, OBHP

Care Coordinator Sandra Eskenazi Mental Health Center-Adult Outpatient Program

# Learning Objectives

Gain insights into the role of medical-legal partnerships (MLP) in addressing legal needs as a social determinant of health affecting behavioral health access and outcomes.

Analyze real-world case studies to recognize the impact of legal interventions on improving behavioral health outcomes.

Explore effective workflow and staffing considerations for integrating legal screenings and assessments into behavioral health care settings.

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## Roadmap

What do we need to understand about Health Centers and Medical-Legal Partnerships (MLP)

Who are Indiana Legal Services, Inc. (ILS) and Eskenazi Health

How the Sandra Eskenazi Mental Health MLP Operates

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Why Having Access to an MLP is a Necessary Component of Public Health: Case Studies

# Roadmap

What do we need to understand about Health Centers and MLP

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## **Health Centers**

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## **About Health Centers**

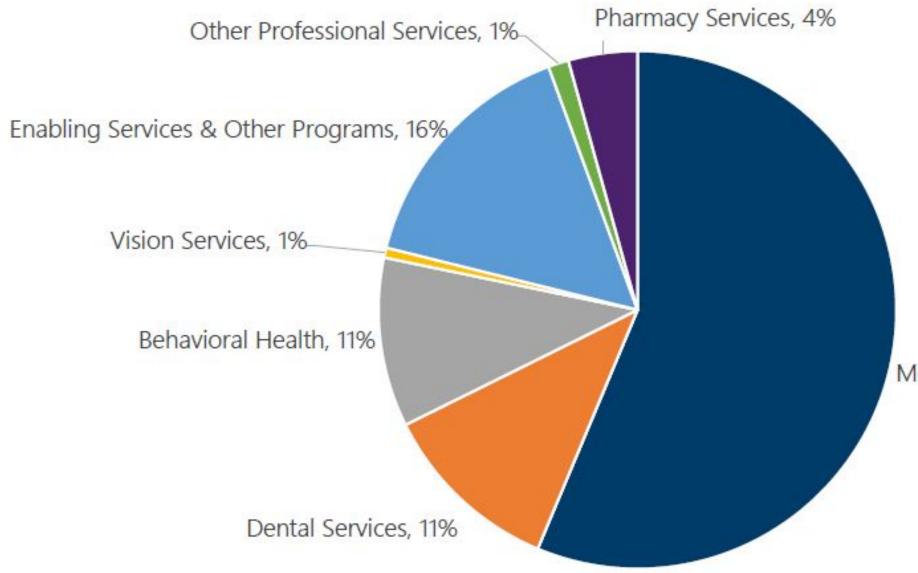
Health Center Model	Health Center Services
<ul> <li>Health Center Program began with Section 330 of the Public Health Services Act of 1965, and is administered by HRSA         <ul> <li>Health Center Grantees and Health Center Look-Alikes</li> <li>FQHCs, MHC, HCH programs</li> </ul> </li> </ul>	<ul> <li>Health centers address medical, dental, behavioral, pharmacy, and other health care needs.</li> <li>Health Centers also provide enabling services that facilitate access to care:</li> </ul>
<ul> <li>There are approximately 1,400 health centers across the US operating at over 15,000 sites</li> <li>Health centers provide community-based, patient-directed, comprehensive, and high-quality</li> </ul>	<ul> <li>Since 2014, enabling services have include "civil legal aid services" as an example of eligibility assistance and additional enabling/supportive services.</li> </ul>
primary care and preventive services	

	Health Center Patients	
b	<ul> <li>In 2022, Health Centers served over 31.5 million patients including:         <ul> <li>1 in 3 uninsured people</li> <li>1 in 3 people living in poverty</li> <li>1 in 7 rural residents</li> </ul> </li> </ul>	
	<ul> <li>Health Centers provided care for:</li> <li>1.4 million people experiencing homelessness</li> <li>8.8 million children</li> <li>400,000 veterans</li> <li>3.5 million patients over 65</li> </ul>	

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### Figure 5-2

## Health Center Care Team Staff Provide a Broad Array of Services Total Care Team: 164,771 Full-Time Equivalent (FTE) Employees

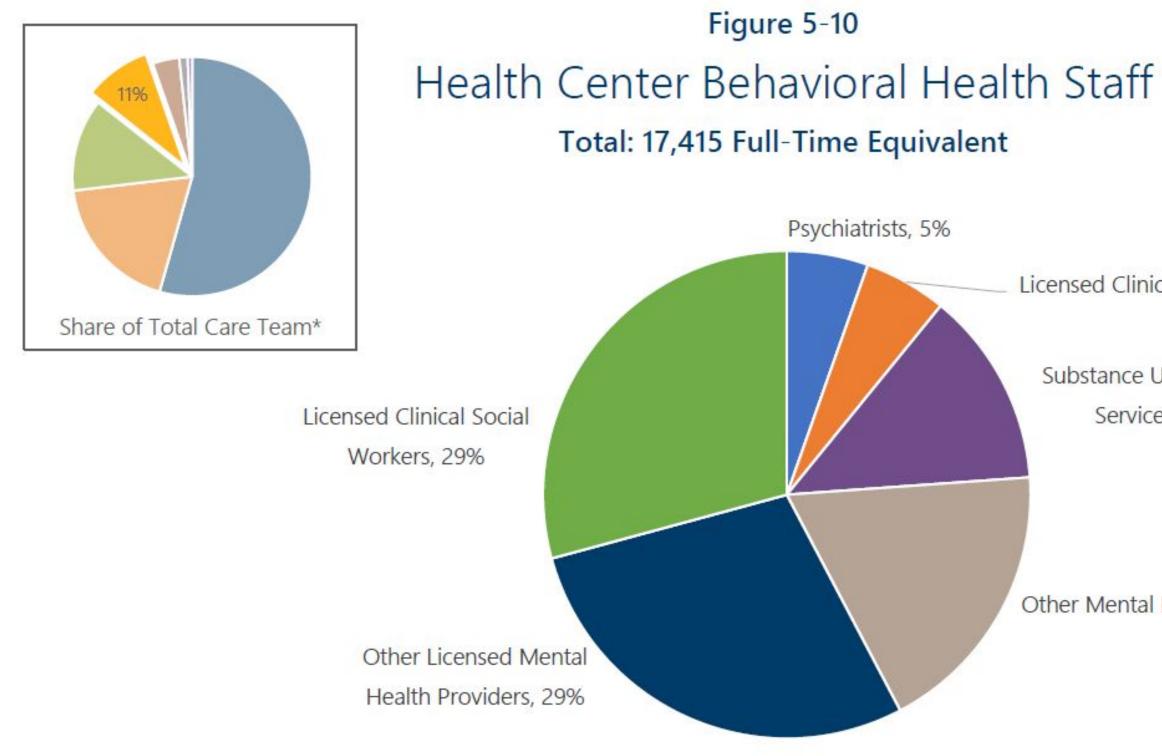


Source: 2021 Uniform Data System. Bureau of Primary Health Care, HRSA, DHHS.

"Community Health Center Chartbook 2023." NACHC, 14 Nov. 2023, <u>www.nachc.org/resource/community-health-center-chartbook/</u>. Accessed 9 Apr. 2024.

Medical Services, 56%





\*Behavioral Health Staff represent 11% of the Total Care Team, shown in Figure 5-2. Note: Percentages may not add to 100% due to rounding. Source: 2021 Uniform Data System. Bureau of Primary Health Care, HRSA, DHHS.

"Community Health Center Chartbook 2023." NACHC, 14 Nov. 2023, www.nachc.org/resource/community-health-center-chartbook/. Accessed 9 Apr. 2024.

Licensed Clinical Psychologists, 5%

Substance Use Disorder Services, 13%

Other Mental Health Staff, 18%

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## How civil legal aid fits within a health center's response to SDOH?

#### SOCIAL DETERMINANTS OF HEALTH

are broadly defined by the World Health Organization as the conditions in which people are born, grow, work, live, and age. These circumstances are shaped by economic and social policies, political systems, and social norms, and they contribute significantly to health disparities.

#### SOCIAL NEEDS

are the more immediate, individual needs that patients enter the health center with every day as a result of social determinants of health.



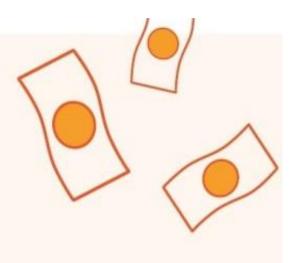


Almost 90% of a person's health is determined by social factors.

#### LEGAL NEEDS

are, simply put, the subset of social needs that have legal solutions. The distinction in this guide is made to help health centers understand where lawyers can be helpful\*.

A family's need to file an appeal after their SNAP benefits are incorrectly cut



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Legal Determinants of Health

- Law is a powerful determinant of health impacting individual and population health outcomes; however, access to civil legal services in the U.S. is limited.
- Approximately 66% of people in the U.S. will experience at least one justiciable event within two years.
- Health consequences of experiencing a justiciable event include negative emotions (55%), negative impacts on mental health (39%), and negative influences on physical health (23%).

Access the report: /medical-legalpartnership.org/mlp-resources/health-centers-and-courts

### CONNECTING COMMUNITY

#### HEALTH CENTERS & COURTS

#### TO IMPROVE BEHAVIORAL

#### HEALTH OF PEOPLE &

#### COMMUNITIES

#### AUTHORS

#### Shannon Mace, JD, MPH Consultant National Center for Medical-Legal Partnership

#### James Teufel, MPH, PhD

Consultant National Center for Medical-Legal Partnership

#### **EDITING & DESIGN**

#### Katherine Nau Stinton, MS

Communications Associate National Center for Medical-Legal Partnership

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Legal Partnership

## Legal Determinants of Health

- Most people do nothing or try to resolve on their own
- People reach out to friends & family as much as professionals for help
- Seek help from trusted sources
- People connect to legal services by a personal recommendation (CLIO, 2019)



See our NCMLP webinar recording for "<u>Health Center & Justice</u> <u>System Collaboration to Improve Mental Health</u>" featuring SMEs James Teufel, Shannon Mace, and Patty Tobias.









## Justice Needs and Satisfaction in the **United States** of America

Legal problems in daily life



## What is the Medical-Legal Partnership (MLP) Approach?

Civil legal aid is the assistance of counsel and legal advocacy for people living at or near poverty in legal matters that fall outside of the criminal justice system.

## Medical-Legal Partnership (MLP) is an intervention where legal and health care professionals collaborate to help patients resolve social, economic, and environmental factors that contribute to health disparities and have a remedy in civil law.

The MLP approach is a flexible, evidence-based, public health, and social justice intervention designed to meet the needs of the community.

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## **Core MLP activities include:**

### Legal Assistance

to address patients' social needs & help the health center workforce operate at "top of license"

## Training

to build knowledge, capacity & skills that strengthen the health center workforce's response to SDOH

## Clinic-Level Changes

that leverage legal expertise to shape clinical practices to address many patients' needs at once

## Policy Change Strategies

that advance healthy regulatory, administrative, & legislative policy solutions for whole communities

## What are the Basic Components of a Medical-Legal Partnership?



## How Legal Services Help Health Care Address the Social Determinants of Health (I-HELP™)

## **Common SDOH**

## **INCOME & INSURANCE**

Resources to meet daily basic needs



**HOUSING &** UTILITIES

A healthy physical environment

• Appeal denials of food stamps, health insurance, cash benefits, and disability benefits

How Legal Services Can Help

- Secure housing subsidies
- Improve substandard conditions
- Prevent evictions
- Protect against utility shut-off
- Secure specialized education services
- Prevent and remedy employment discrimination
- Enforce workplace rights
- Resolve veteran discharge status
- Clear criminal / credit histories
- Assist with asylum applications

- Secure restraining orders for domestic violence
- Secure adoption, custody and guardianship for children

- medications.

- adult health.
- services.

- care services.
- - health care.

This chart is reprinted from "Framing Legal Care as Health Care," a messaging guide created by the National Center for Medical-Legal Partnership. Please do not recreate it without permission.

**EDUCATION & EMPLOYMENT** 

Quality educational and job opportunities

**LEGAL STATUS** 

Access to jobs



### **PERSONAL** & **FAMILY STABILIT** Safe homes and social support

## Impact of Legal Services on Health / Health Care

 Increasing someone's income means s/he makes fewer trade-offs between affording food and health care, including

 Being able to afford enough healthy food helps people manage chronic diseases and helps children grow and develop.

• A stable, decent, affordable home helps a person avoid costly emergency room visits related to homelessness.

 Consistent housing, heat and electricity helps people follow their medical treatment plans.

• A quality education is the single greatest predictor of a person's

 Consistent employment helps provide money for food and safe housing, which also helps avoid costly emergency health care

• Access to health insurance is often linked to employment.

• Clearing a person's criminal history or helping a veteran change their discharge status helps make consistent employment and access to public benefits possible.

 Consistent employment provides money for food and safe housing, which helps people avoid costly emergency health

 Less violence at home means less need for costly emergency health care services.

 Stable family relationships significantly reduce stress and allow for better decision-making, including decisions related to

## Literature Review: Emerging Evidence of the Impact of Medical-Legal Partnerships (2013-2020)

Outcome	Examples from the Literatu	
Changes in the health and well- being of patients	Patients report less stress Patients more commonly Patients have improved h Adults and children have	
Improved housing and utility stability among patients	Patients experience improv Utility shut-offs are prevente	
Improved access to financial resources among patients	Patients are able to secure, Patients are able to access	
Improvements to health care systems and workforce	Families are more successf Patients are better able to c Clinicians experience impro license.	
Improvements in policies, laws, and regulations	Children are able to access Elimination of hurdles to life	

Read the full literature review: <u>https://medical-legalpartnership.org/download/literature-review-2013-2020/</u>

Making th for Medica Partnersh

#### ure

ss and mental health improvement. y comply with medical treatment. health outcomes. e fewer ED visits.

ved housing status. ted.

e, retain, or recover financial benefits. s resources to meet their basic needs.

sful at navigating complex service systems. connect with a medical home. roved ability to perform at the top of their

s at-home care.

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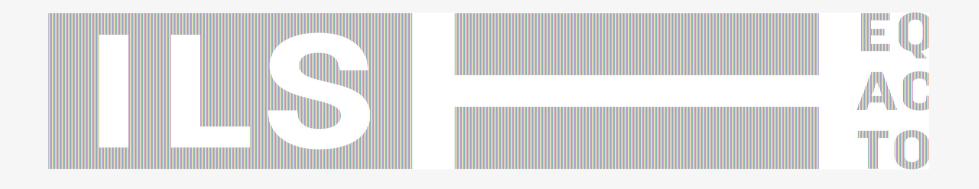
# Roadmap

## Who are ILS and Eskenazi Health







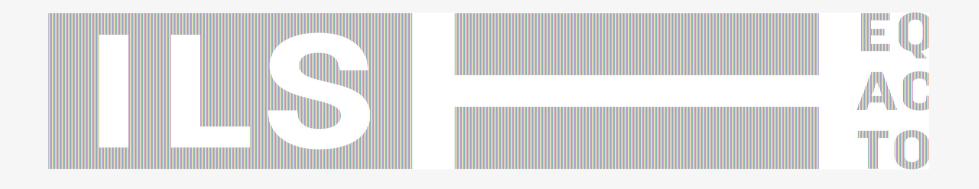


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## **Our Mission**

## Indiana Legal Services uses the law to fight poverty and racism, empower clients, and improve access to justice.



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- Indiana Legal Services (ILS) is a statewide nonprofit law firm with 8 regional offices and special projects that serve all of Indiana's 92 counties.
- We have MLP projects throughout the State of Indiana with most of our projects being housed in our Central Indiana Medical-Legal Partnership Project.
- Our MLP projects closed more than 1200 cases last year. The top three case types we handle are housing (25% of cases), advance directives/estate Planning (20%), and family law (18%).

## ESKENAZI HEALTH

- system.
- primary care sites.

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## • Eskenazi Health is part of the Health & Hospital Corporation of Marion County and serves as Indianapolis's safety-net health

• It has an urban hospital campus, several community mental health centers, and a federally qualified health center with 12+

## SANDRA ESKENAZI MENTAL HEALTH CENTER

**ESKENAZI** HEALTH

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#### Sandra Eskenazi Mental Health Center,

Indiana's first community mental health center, provides inpatient and outpatient comprehensive care for all types of emotional and behavioral health conditions, including severe mental illness, substance abuse, and personality disorders.

Sandra Eskenazi Mental Health Center's philosophy of care stresses strength-based and family- and community-centered treatment utilizing the Recovery Model of treatment.

# Roadmap

How the Sandra Eskenazi Mental Health MLP Operates



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#### SANDRA ESKENAZI MENTAL HEALTH CENTER ESKENAZI HEALTH

## How Patients Access the MLP

## **Referral from a Healthcare Provider**

- Healthcare Provider Recommends
  - or the Patient Requests
- Electronic Medical Record
- Provided Office Hours Information

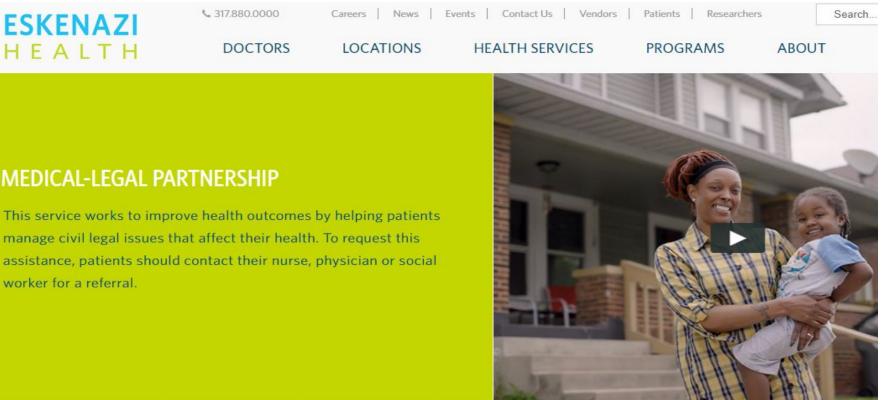
## Walk-In During MLP Office Hours On-Site

- MLP Lawyer and Paralegal On-Site
- 3-Hour Office Hours
- Intake for New Patient-Clients
- Meet with Existing Patient-Clients

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## Sandra Eskenazi Mental Health and **Indiana Legal Services Medical-Legal Partnership Scope of Services**

- Housing  $\bullet$
- Gender marker changes/name changes
- Expungement
- Consumer rights
- Immigration
- Family stability
- Benefits
- Education law
- Decision-making
- Guardianship



#### MEDICAL-LEGAL PARTNERSHIP

This service works to improve health outcomes by helping patients manage civil legal issues that affect their health. To request this assistance, patients should contact their nurse, physician or social worker for a referral

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## Finding the Missing Piece of the Puzzle: How Patients **Benefit from the MLP**

- where to turn for help.
- their legal rights.
- restored.

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• Research tells us that many people have 4 or more unmet legal needs at any given time.

• Research also tells us that many people are unaware that their issues, which are often significant stressors, are legal issues or

• MLP legal services are free civil legal services, and, with the help of our healthcare partner, the MLP helps to connect the patient with available resources to help them on their journey to sustained, healthy well-being.

Patients are able to better understand their legal issues and

• The stress caused by unmet legal needs is reduced, and, through successful MLP interventions, personal stability is

# Roddmdp

Why Having Access to an MLP is a Necessary **Component of Public Health: Case Studies** 







## Case Example – Eviction Avoidance and More...

# What can an MLP do for this patient in crisis?



# Housing at Risk

- Patient lives in Section 8 housing and has their paid rent with the assistance of their ulletSocial Security Rep. Payee.
- Due to an error, the rent payments were sent to the wrong address.  $\bullet$
- After several months of not receiving rental payments, the landlord filed for  $\bullet$ eviction.
- The patient is now facing a severe impact on their health and safety through lacksquareeviction, immediate homelessness, and loss of their Section 8 voucher through the local public housing authority.

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# What steps did the MLP take to help this patient in crisis?

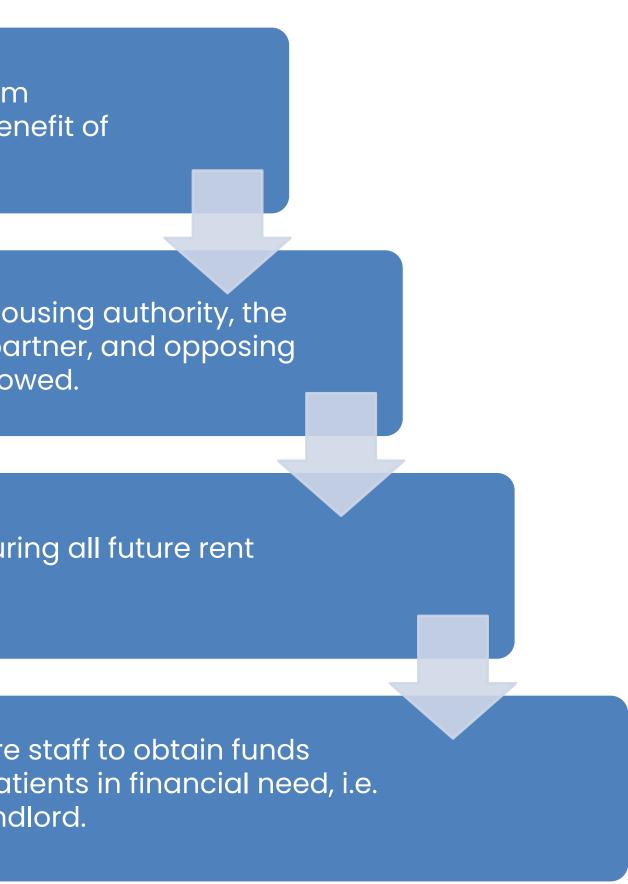
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The healthcare staff referred the patient to the MLP. The healthcare team recognized the legal issue, the potential effect on the patient and the benefit of involving the legal team.

The MLP Attorney assigned to the case worked with the public housing authority, the patient's Social Security representative payee, the healthcare partner, and opposing counsel to negotiate an agreed settlement to pay all past rent owed.

A payment plan was established with the landlord ensuring all future rent payments were sent to the proper destination.

> The MLP Attorney worked closely with healthcare staff to obtain funds reserved by the healthcare provider to assist Patients in financial need, i.e. paying Patient's outstanding balance to the landlord.



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The MLP Attorney attended the Patient's eviction hearing and subsequent compliance hearings to ensure the Court was advised of the ongoing negotiations and final settlement.

> Through the agreed settlement, the Patient was able to pay all back rent and late fees owed (minus some late fees the MLP Attorney was able to cancel through the negotiations) and the eviction was dismissed and sealed.

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# **Housing Saved**

# With the help of the MLP, the Patient:

- remained in their home,
- received assistance to satisfy the unpaid balances,
- removed the eviction from their record, and
- obtained future housing stability and a secured housing subsidy.





# **Upcoming Poll Question**

# How can the MLP team help this patient?

- A. The healthcare provider can do a social driver of health assessment to determine whether there is an unmet legal need.
- B. The healthcare provider can make a referral to the MLP legal aid attorneys, providing the patient with the benefit of knowing their legal rights.
- C. The MLP team (the legal aid staff and the healthcare partner) can work together to ensure the patient has access to information on available resources that can help the patient meet their additional needs.
- D. All of the above.



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# Case Example – A Fresh Start

# How can an MLP help this patient obtain a fresh start?



# Income and Housing Insecurity

- The patient is unable to secure adequate employment because of  $\bullet$ their past criminal record and was living in a perpetual state of financial uncertainty.
- The patient is unable to find gainful employment and stable housing due to the conviction that happened long ago.



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# **Poll Question**

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# Poll

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- D. All of the above.



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# **A Fresh Start**

The MLP healthcare team member referred the patient to the MLP legal aid attorney and connected the patient with resources to help with meeting their basic needs.

The MLP attorney reviewed the patient-client's criminal history and determined that the patient's convictions were eligible for expungement and a waiver of old fees.

The MLP Attorney filed for fee waivers and petitioned to have the convictions expunged.

The patient-client now has a fresh start and is now better equipped to access stable employment and housing.

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# Please submit questions using the Q&A function.





# **RSVP Now!**

https://medical-legalpartnership .org/learning-opportunities/

# **Happening Soon!**

System, April 30, 2024 (2-3 PM ET)

Health Center MLP Planning, Implementation & Practice Webinar Series: How to Develop a Strong Memorandum of Agreement for a Medical-Legal Partnership, April 18, 2024 (1-2.30 PM ET)

Subscribe to our newsletter, the MLP Update, to register for upcoming learning opportunities: bit.ly/mlpnews

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## Join us for the final session of the series:

MLP in Action Webinar Series (Part 6): Advancing Health

Equity for Patients Impacted by the Criminal Justice

## Also, join us next week for.

# Thank you!

# Please take a moment to fill our short evaluation survey

# https://www.surveymonkey.com/r/LJ89MDL

A link to the survey is also in the chat

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# Resources

- Gostin, Lawrence O , Monahan, John T, Kaldor, Jenny, et. al., The Legal Determinants of Health: Harnessing the Power of Law for Global Health and Sustainable Development, Lancet 2019; 393: 1857–910, Published Online, April 30, 2019, http://dx.doi.org/10.1016/S0140-6736(19)30233-8. Also available at: https://www.thelancet.com/pdfs/journals/lancet/PIIS0140-6736(19)30233-8.pdf (Last accessed 4/4/2024).
- Schram A, Boyd-Caine T, Forell S, Baum F, Friel S. Advancing Action on Health Equity Through a Sociolegal Model of Health. Milbank Q. 2021 Dec;99(4):904-927. doi: 10.1111/1468-0009.12539. Epub 2021 Oct 5. PMID: 34609023; PMCID: PMC8718588. https://www.ncbi.nlm.nih.gov/pmc/articles/PMC8718588/ (Last accessed 4/42024).
- Jay Chaudhary, Kate Marple, & Jillian Bajema, How Medical-Legal Partnership Services Can Help Address the Opioid Crisis, The National Center for Medical-Legal Partnership Medical-legal partnership series issue brief 1, 2018 March. https://medical-legalpartnership.org/wp-content/uploads/2018/02/MLP-and-the-Opioid-Crisis.pdf (Last accessed 4/4/2024).
- Bent Weber, Samantha and Pepin, Dawn, Why Law is a Social Determinant of Health, Stetson Law Review, vol. 4 issue 3, 2021 April. https://www2.stetson.edu/law-review/article/why-law-is-a-determinant-of-health/ (Last accessed 4/4/2024).
- Legal Services Corporation, The Justice Gap: The Unmet Civil Legal Needs of Low-income Americans, 2022 April. https://justicegap.lsc.gov/the-report/ (Last accessed 4/7/2024).
- Legal Servs. Corp., Strengthening the Role of Civil Legal Aid in Responding to the Opioid Epidemic: Report of the LSC Opioid Task Force (June 2019), https://lsc-live.box.com/s/7f9qgh5hjpdq4z0ldt00ozlexwk9sqhd.(Last accessed 4/7/2024).

National Center for Medical 🚺 Legal Partnership

March 2018

Issue Brief One

#### THE OPIOID CRISIS IN

#### AMERICA & THE ROLE

MEDICAL-LEGAL

#### PARTNERSHIP CAN PLAY

#### IN RECOVERY

#### **AUTHORS**

#### Jay Chaudhary, JD

Managing Attorney & Director of Medical-Legal Partnerships Indiana Legal Services Adjunct Faculty Indiana University Richard M. Fairbanks School of Public Health

#### Kate Marple, MSc

Senior Research Scientist & Director of Communications National Center for Medical-Legal Partnership

#### Jillian Bajema

Research Assistant National Center for Medical-Legal Partnership

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National Center for Medical Center for Medical Regard Partnership

Access both issue briefs at: <u>medical-legalpartnership.org/mlp-resources/</u>



Issue Brief Two

July 2022

#### **CONNECTING COMMUNITY**

#### HEALTH CENTERS & COURTS

#### TO IMPROVE BEHAVIORAL

#### HEALTH OF PEOPLE &

#### **COMMUNITIES**

#### AUTHORS

Shannon Mace, JD, MPH Consultant National Center for Medical-Legal Partnership

#### James Teufel, MPH, PhD

*Consultant* National Center for Medical-Legal Partnership

#### **EDITING & DESIGN**

#### Katherine Nau Stinton, MS

Communications Associate National Center for Medical-Legal Partnership

National Center for Medical Degal Partnership

#### National Center for Medical 🕕 Legal Partnership

## The Health Center MLP Toolkit

## **Certified Community Behavioral** Health Clinics and the Justice **Systems**

## National Center for Medical-Legal Partnership

OCTOBER 2020

Bringing lawyers onto the health center care team to promote patient & community health

A planning, implementation, and practice guide for building and sustaining a health center-based medical-legal partnership



### National Council for Mental Wellbeing



#### **CERTIFIED COMMUNITY BEHAVIORAL HEALTH CLINICS** AND THE JUSTICE SYSTEMS

From police departments to courts of law, the CCBHC model provides a mechanism to coordinate, deliver – and often pay for – mental health and substance use services for justice-involved persons.

report by the National Council for Mental Wellbeing for the National Center for State Courts' ational Judicial Task Force to Examine State Courts' Response to Mental Illness

SEPTEMBER 2021

#### National Center for Medical 🚺 Legal Partnership

# **Request for Information:**

The National Center for Medical-Legal Partnership is seeking feedback and information for the initiatives listed below. We thank you in advance for your time and consideration!

MLPs and Certified Community Behavioral Health Clinic (CCBHC) RFI

https://www.surveymonkey.com/r/MLPCCBHC24

MLP Update feedback survey

https://www.surveymonkey.com/r/LWY5Y75



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Black Maternal Health Week (April 11-17) is an opportunity for us to focus the spotlight on the critical issue of Black maternal health. Use HRSA's toolkit and join their social media campaign [#BMHW | #HRSAhelpsMoms] to showcase your work. The toolkit includes:

- A website banner
- A virtual meeting background
- Social media graphic cards with written messaging content These resources can help you elevate your work, partnerships, and accomplishments. Access the toolkit on HRSA.

Maternal Child and Health Bureau website. Questions? Email MCHBinfo@hrsa.gov.

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## Resources

## **BPHCurates**

BPHC has released a new curated **BPHCurates packet of technical assistance** (TA) materials, <u>Health Center Safety and</u> Man-Made Threats. The linked TA materials provide strategies to address mitigation, preparedness, response, and recovery strategies related to the topics of: health center security, population specific safety concerns, and cybersecurity threats. All the resources included in this packet are available free of charge and have been screened by BPHC staff for quality.

The Bureau of Primary Health Care (BPHC) invests in technical assistance (TA) to support health center clinical, operational, and fiscal excellence. To support the access and utilization of TA resources developed by BPHC-funded TA providers, BPHC staff curate TA resources for in-demand topics into packets, recognizable under the BPHCurates brand. Resources in BPHCurates packets are developed by a range of BPHC-funded TA providers that include Health Center Controlled Networks (HCCNs), National Training and Technical Assistance Partners (NTTAPs), Primary Care Associations (PCAs), and Emergency Care Institute Research (ECRI).

This BPHCurates packet provides resources describing mitigation, preparedness, response, and recovery strategies for navigating man-made threats directed towards health centers, their staff, and patients. The man-made threats included in this packet are specifically related to health center security, population-specific safety concerns, and cybersecurity.

#### Health Center Security

Center Locations

Author: National Association of Community Health Centers /NTTAP to a health center.

Title: Safety and Security Series: The Basics Author: National Health Care for the Homeless Council / NTTAP increases the personal awareness and safety of staff and patients.

BPHCurates: Health Center Safety and Man-Made Threats Resource Packet Targeted Resources on Health Center Security, Population-Specific Safety Topics, and Cybersecurity

Title: Health Center Operations Resource Packet: Sample Internal Guidance for Handling Unauthorized Individuals at Health

This packet provides guidance from health centers that have recently experienced interactions with self-identified "First Amendment Auditors" or "Citizen Journalists" attempting to record confrontations with health center staff regarding federal funding and public access

Safety and security are primary concerns for both patients and staff of health centers serving people experiencing homelessness. This course offers strategies for health center professionals to plan for, recognize, and implement actions that decrease facility vulnerability and

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